



During intense physical activity such as sport or when travelling to warm regions, the body loses both fluids and valuable electrolytes due to heavy sweating. These include the minerals sodium, potassium and chloride. It is important that the excess fluid and electrolytes are replenished.

Our dietary supplement **HydriaX Zinc** contains the ideal combination of dextrose, sodium citrate, sodium chloride and potassium chloride.

The additional zinc is an essential trace element and an important component of numerous enzymes in the whole body. For instance, zinc contributes to the maintenance of normal skin, hair and nails. It also supports normal vision and normal cognitive function.

Product information of product sample HydriaX Zinc

Product description: Food supplement with minerals and zinc
With sugar (dextrose) and sweetener

Flavour: Black currant

Presentation: whitish powder; 5.3 g per serving

Nutrients	Per daily serving (2 sachets = each 5.3 g)	% NRV ¹
Potassium	300 mg	15
Chloride	860 mg	108
Sodium	640 mg	-
Zinc	5.0 mg	50
Dextrose	6600 mg	-

¹ Nutrient Reference Value

Recommended consumption:

Dissolve 1 sachet (5.3 g) twice a day in 200 ml water, stir well and drink.

Ingredients:

Dextrose; sodium citrate; sodium chloride; potassium chloride; acidifier: citric acid; sweetener: sodium cyclamate, sodium saccharin; flavour; zinc citrate

The product HydriaX Zinc does not contain allergens (according to Regulation (EU) No 1169/2011) and GMO, is free of gluten and lactose and is suitable for vegetarians and vegans.

Indications:

The recommended daily dose should not be exceeded. Food supplements are not a substitute for a balanced, varied diet and a healthy lifestyle.

Keep out of the reach of small children. The product is not suitable for children under 13 years of age.

The intake of other food supplements containing zinc should be avoided.

People with kidney or heart disease should consult their doctor before taking potassium.

Storage conditions:

Store in a dry and dark place, at room temperature (not above 25°C).